

# Louise Reine Lermينياux

Author • Speaker • Patient Advocate

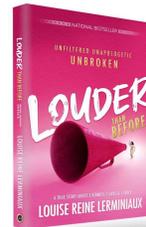


## BOOK

Louder Than Before: Unfiltered, Unapologetic, Unbroken

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## ABOUT THE AUTHOR

Louise Lermينياux is an international speaker and patient advocate specializing in improving patient-centered healthcare and trauma-impacted systems. As a second-generation kidney transplant recipient living with three kidneys, she brings a rare lived perspective shaped by navigating medical systems across multiple countries.

Her work focuses on chronic illness, mental health, addiction, suicide loss, gender inequities, and systemic barriers while advocating for ethical, empathetic healthcare reform.

## KEY THEMES

• Mental health stigma and suicide awareness • Addiction and generational trauma • Chronic illness and transplant life • Women navigating healthcare systems • Patient voice and advocacy • Resilience and healing

## SPEAKING TOPICS

• Patient storytelling as healthcare system change • Writing trauma and illness ethically • Mental health & addiction stigma • Women navigating chronic illness leadership • Global patient-centered care • Transforming lived experience into advocacy